



The University of Manchester

22<sup>nd</sup> October 2014

Reference

Mr James Crow  
101 Broadstone Hall Road  
Stockport  
SK5 7DE

To whom it may concern,

James Crow has worked on a part time basis at the University of Manchester teaching the Alexander technique and a variety of back /posture workshops since 2009. James is a very popular teacher and we have always had fantastic feedback from our customers. We regularly evaluate our teachers and this is just one of the quotes from a staff member who attended one of James's Alexander technique groups. "I was extremely impressed with the course and James was a fantastic instructor. Friendly, approachable and very knowledgeable. I would certainly recommend the course to other people and can't really think of any improvements it was so good!"

James is very reliable and his standard of delivery on the courses and workshops is exceptionally high. He is a good listener and will go above and beyond his role to help clients.

I would highly recommend James as an employee/provider.

Yours Faithfully  
Gail Heathcote-Milner  
Sport Development Officer